

2nd Announcement - Symposium

Highlights on Sexual Medicine in the Middle East

20 January 2012, Crown Plaza, Jeddah, Saudi Arabia



Organized by
Middle East Society for Sexual Medicine

Local Organizing Committee

Chairman: **Hisham Mosli**

Members: **Shedeed Ashour**
Abdulaziz Baazeem
Ahmed El-Sakka
Sherif Ghazi
Saeed Kattan
Emad Salamah



— Please visit our website: www.messm.org

Welcome Messages

Sexual medicine is unique in that it permeates throughout various medical specialties, without having its own defined borders. The Middle East Society for Sexual Medicine (MESSM), as a society is committed to educating evidence- based guidelines to front line physicians who practice sexual medicine whether andrologists, urologists, gynecologists, psychiatrists, psychologists or primary care physicians. Our scientific committee has worked hard to create a comprehensive programme about fundamentals of sexual medicine focusing on problems which are unique to our region. I cordially invite you all to attend our symposium and sincerely hope that it will be of high benefit to you.



Amr El-Meliegy
MESSM President

We wish to welcome you to the first MESSM scientific symposium. The MESSM scientific committee prepared a program aiming to update sexual health physicians and general practitioners about the current status of the management of various sexual health disorders in men and women. The symposium will also devote sessions to the diagnosis and management of sexual health complaints that appear to be prevalent in Middle Eastern societies (e.g. unconsummated marriages). We hope you will enjoy our program and look forward to receive your feed-back.



Hussein Ghanem, M.D.
Chairman, MESSM Scientific Committee

It gives me a great pleasure to invite you to attend a symposium entitled highlights on sexual medicine in the Middle East organized by the Middle East Society for Sexual Medicine (MESSM) to be held on 20th of January, 2012, at the Crown Plaza Hotel, Jeddah, Saudi Arabia. This is the second symposium organized by the MESSM following the huge success celebrated by the previous symposium. The atmosphere at the Jeddah Crown Plaza is very pleasant, surrounded by many attractions in the middle of the beautiful city of Jeddah, the bride of the red sea. The weather in January in Jeddah is usually mild and of comfortable temperatures. The organizing and scientific committees have worked tirelessly to arrange for informative scientific sessions that will be delivered by prominent speakers. I would like to address my best gratitude and thanks to Prof. Amr El-Meliegy, the president of MESSM, for his endless efforts in order to make this meeting an unforgettable experience. I look forward to your participation and contribution in the symposium.



Professor Hisham A. Mosli
Chairman, Local Organizing Committee

General Information

Middle East Society for Sexual Medicine

A professional Society for Sexual Medicine in the Middle East region was founded in August 2010 by a Group of highly respected Sexual Medicine Specialists from the Middle East.

The Middle East Society for Sexual Medicine (MESSM) is a non-profit organization whose aims are to:

1. Encourage the highest standards of practice, education and research in the field of human sexuality;
2. Develop scientific methods for the diagnosis, prevention and treatment of conditions affecting human sexual function;
3. Promote the publication of medical and scientific literature in the field of sexual function.

Target Audience

The target audience for this symposium includes all physicians interested in sexual medicine whether Andrologists, Urologists, Gynecologists, Psychiatrists, Psychologists, Endocrinologists and Primary Care Physicians.

Aim

The aim of the Symposium is that after the Symposium the participants should be able to:

1. Deal with cases of unconsummated marriage whether due to female or male sexual dysfunctions which represents a major problem in our societies;
2. Diagnose and treat basic male and female sexual dysfunctions according to the most recent guidelines;
3. Acquire the knowledge for addressing scientifically the myths and misconceptions regarding sexual medicine and sexuality and be able to sex educate patients and help them to get rid of these misbelieves;
4. Acquire the knowledge of the importance of sexual health to the quality of life and general health and the role of life style changes in improving sexual function.

Registration Fees

Please find below the registration fees. Detailed information about registration instructions will be published on the website www.messm.org.

Registration Fee Symposium	USD 50
Registration Fee Symposium + MESSM/ISSM Membership 2012	USD 230

The MESSM offers all its members the possibility to a joint MESSM/ISSM Membership, which includes a subscription to the Journal of Sexual Medicine, discounted registration fees for all MESSM and ISSM Meetings and Symposia and access to an active website and intranet for discussion among MESSM and ISSM members of vexing problems and cases.

Insurance and Liability

Participants are strongly advised to arrange their own travel-, health- and cancellation insurance in the unfortunate case of having to cancel the conference participation and/or travel and/or hotel accommodation because of illness or other (personal) circumstances. Neither the MESSM, the ISSM, the Organizing Committees nor any of their officers, agents, employees and representatives assume any liability whatsoever.

Meeting Location

Saudi Arabia

Saudi Arabia occupies most of the Arabian Peninsula, with the Red Sea and the Gulf of Aqaba to the west and the Persian Gulf to the east. Neighbouring countries are Jordan, Iraq, Kuwait, Qatar, the United Arab Emirates, the Sultanate of Oman, Yemen, and Bahrain, connected to the Saudi mainland by a causeway. Saudi Arabia contains the world's largest continuous sand desert, the Rub Al-Khali, or Empty Quarter. Its oil region lies primarily in the eastern province along the Persian Gulf.

Jeddah

Jeddah, widely known as "the Bride of the Red Sea", is the Kingdom's second largest city. The population of Jeddah is cosmopolitan, with many nationalities living together and creating a varied mix of shops and restaurants. Jeddah today is a thriving commercial centre. As port-of-entry for more than two million Muslim pilgrims a year, Jeddah airport (King Abdul Aziz International Airport) provides good connections to most major cities. With its location on the Red Sea, Jeddah is also renowned for providing some of the best scuba diving and snorkelling opportunities in the world.

Crown Plaza Hotel

Crowne Plaza Jeddah is 20 minutes' drive from King Abdulaziz International Airport. The hotel is situated next to the diplomatic and financial district's steel and glass towers and just off the long Corniche Road, which is characterised by unusual sculptures that line the seafront. Jeddah's Old City, 3km to the south, is a warren of teetering houses held together with lattice-work wooden beams and coral stone dredged from the Red Sea.

Stepping into the coolness of Crowne Plaza Jeddah's wide Lobby, you will see a reflection of the city's Bedouin past as the Lobby's arabesque wooden arches harmonise with the glass facade and marble floor. The hotel staff will take care of your luggage as you settle into your gracious room, while complimentary drinks and snacks are provided for Club level guests in our 6th-floor Club Lounge.

Cool off with a plunge in the outdoor pool or gather your thoughts in the Fitness Centre's sauna. The kingdom's rich Arabian heritage creates a vibrant backdrop to its 21st-century prosperity at Crowne Plaza Jeddah.



Crown Plaza Jeddah

Al-Corniche-Al Ma'adi Rd

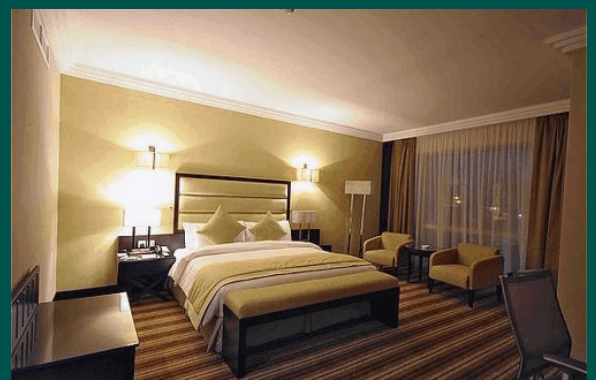
PO Box 10924

Jeddah, 21443

Saudi Arabia

Phone: (+966) 2 661 1000

Website: www.crowneplaza.com/jeddahsau



Scientific Program

08:30 – 09:00	Registration
09:00 – 09:20	Introduction and Opening Speech <i>Amr El-Meliegy (Saudi Arabia)</i> <i>Hisham Mosli (Saudi Arabia)</i>
09:20 – 10:25	Plenary Session 1 <i>Chairmen: Alaa Abdallah (Saudi Arabia) and Anmar Nassir (Saudi Arabia)</i>
09:20 – 09:40	What is Sexual Health & Classification of Sexual Disorders <i>Elham Atalla (Bahrain)</i>
09:40 – 09:50	Physiology of Male Sexual Function & the Sexual Response Cycle <i>Ahmed Abdelhadi (Saudi Arabia)</i>
09:50 – 10:00	Physiology of Female Sexual Function & Models for the Female Sexual Response Cycle <i>Amany Shaltout (Saudi Arabia)</i>
10:00 – 10:15	Prevalence, Risk Factors and Pathophysiology of ED <i>Raed Al-Mannie (Saudi Arabia)</i>
10:15 – 10:25	Discussion
10:25 – 10:45	Coffee Break
10:45 – 12:00	Plenary Session 2 <i>Chairmen: Shedeed Ashour (Saudi Arabia) and Saeed Kattan (Saudi Arabia)</i>
10:45 – 11:00	Sexual History Taking, Assessment <i>Ahmed Seif (Saudi Arabia)</i>
11:00 – 11:20	Pitfalls of Investigations for Sexual Dysfunctions <i>Ahmed El-Sakka (Saudi Arabia)</i>
11:20 – 11:50	Female Sexual Dysfunctions <i>Waleed Al-Taweel (Saudi Arabia)</i>
11:50 – 12:00	Discussion
12:00 – 12:45	Friday Prayer
12:45 – 13:30	Lunch
13:30 – 14:30	Lunch Symposium

14:30 – 15:40	Plenary Session 3 Sexual Complaints Characteristic of Conservative Societies <i>Chairmen: Sherif Ghazi (Saudi Arabia) and Emad Salamah (Saudi Arabia)</i>
14:30 – 14:50	Vaginismus <i>Amany Shaltout (Saudi Arabia)</i>
14:50 – 15:10	The Hidden Epidemic of Honeymoon Impotence <i>Hisham Mosli (Saudi Arabia)</i>
15:10 – 15:30	Small Penis Syndrome <i>Saeed Kattan (Saudi Arabia)</i>
15:30 – 15:40	Discussion
15:40 – 16:00	Coffee Break
16:00 – 17:00	Plenary Session 4 <i>Chairmen: Ayman Hassan (Saudi Arabia)</i>
16:00 – 16:30	Ejaculatory Disorders <i>Amr El-Meliegy (Saudi Arabia)</i>
16:30 – 17:00	Management of ED (Medical and Psychosexual Therapy with a brief about surgical) <i>Abdulaziz Baazeem (Saudi Arabia)</i>
17:00 – 17:10	Closing Remarks <i>Amr El-Meliegy (Saudi Arabia)</i>

Acknowledgements

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Exhibitor



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